



King's Trust



EXPLORE YOUR POTENTIAL

Boost your confidence by taking part in fun, challenging group activities. You'll gain key skills to support you in life and work, including teamwork, leadership and communication.

Find out more
via webchat at:
kingstrust.org.uk
07534 556859



ON THIS COURSE YOU'LL:

- Build your confidence and communication skills
- Set personal goals for yourself and find new motivation
- Try new experiences
- Learn about your potential

DATES FOR YOUR DIARY:

Taster day: 4th March 2025

Course dates: 4th March to 3rd April

Email: tim.jaques@kingstrust.org.uk

Location: Birmingham

Eligibility criteria: NEET, ages 16 to 30 and from Birmingham